Attention Deficit Hyperactivity Disorder (ADHD)?

A guide to helping your child manage symptoms from diagnosis through everyday life

Zenzedi (dextroamphetamine sulfate tablets, USP) is a federally controlled substance (CII) with a high risk of abuse or dependence. Keep in a safe place to prevent misuse and abuse. Selling or sharing Zenzedi may harm others and is illegal.

Please see full Important Safety Information on pages 10-12 and full Prescribing Information and Medication Guide, including Boxed Warning regarding abuse and dependence, in the pocket.
What is ADHD?

ADHD is short for attention deficit hyperactivity disorder. It is a neurobehavioral disorder that affects children, teens, and adults. ADHD is a real disorder that affects an estimated 5%-8% of school-age children.

What are some signs of ADHD?

- Daydreaming, forgetting, or losing things
- Not sticking with 1 activity long enough to finish
- Not being able to sit still, running around
- Talking too much and interrupting
- Making careless mistakes, lack of attention to details
- Having trouble taking turns
- Touching and playing with everything they see
- Blurting out answers

ADHD symptoms can change over time as a person gets older.
How does someone get ADHD?

Nobody knows for sure how or why someone gets ADHD. It’s nothing that anyone did wrong. ADHD does not come from poor parenting or a bad home life.

In fact, studies suggest a genetic link to ADHD. ADHD has been shown to run in families.
What are some considerations for managing ADHD?

You can give your child a setting to succeed at home and school. If you are a child with ADHD, it’s important to keep yourself organized.

Making sure any prescribed ADHD medicine is taken the right way is only part of their treatment plan. Also be active in talking with teachers, getting the help needed from specialists, and learning how to help improve behavior. Here’s a checklist to help get started:

- **Make sure a complete evaluation is done.** This includes medical, educational, and psychological evaluations to rule out things that may look like ADHD but aren’t.

- **Keep a record of all information.** Learn all about ADHD and its treatment to be able to tell the difference between “good” and “bad” information.

- **Know the rights of students under 2 education laws:** Individuals with Disabilities in Education Act (IDEA) and Section 504 (an antidiscrimination law).

- **Meet with school staff (principal, special education expert, classroom teacher) to come up with a plan.** You can ask that others who understand ADHD be there. This may include the school psychologist, nurse, or guidance counselor. Share relevant information received about ADHD from outside experts at these meetings.

- **Be an active part of the team that decides what placements and services are received.**
What are some tips for living with ADHD?

Kids and teens can thrive despite living with ADHD. Here are some ideas they can use.

• **Create a routine.** Doing the same thing at the same time every day can help create positive habits and keep everyone on schedule.

• **Put everything in the same place every time.** This will help in knowing where everything is and make it less likely things will get lost.

• **Limit distractions.** Turn off the TV, radio, and computer. This will help keep the focus on homework or other activities.

• **Limit choices.** Choosing between 2 things is a lot easier for everyone, whether it’s outfits or what to pack for lunch.

• **Make a chart of goals and positive behavior to track and reward progress.** Goals should be realistic (finishing homework every night). Other goals can be tracked in different ways either on paper or through an app.

• **Exploring talents.** Enjoying something one does well can help boost confidence and self-esteem.
If your child has ADHD

It’s natural to feel upset when you are told your child has ADHD. All of a sudden, there’s a lot more you have to learn and do. Staying calm and in control isn’t always easy. Here are some things that might help:

• Join a support group like CHADD.

• Ask for help from professionals or family members when you feel stressed, frustrated, or exhausted.

• If you’re the parent of a child with ADHD, get all adults involved with your child on board with how you are going to handle problem behavior and reward good behavior.

Is ADHD medicine the right option?

ADHD medicine is just one part of treating ADHD. Most ADHD treatment plans use medicine, behavior therapy, parent training, and school training together. Because each person is different, any treatment plan will include close monitoring, follow-up visits, and changes along the way to make sure ADHD symptoms stay under control. The right treatment plan can go a long way toward helping your child succeed.

Important Safety Information

Do not take Zenzedi if you or your child:

• has a history of advanced heart disease or hardening of the arteries, moderate to severe high blood pressure, hyperthyroidism, known hypersensitivity or other serious cardiac problems that may place you or your child at increased vulnerability to the sympathomimetic effects of a stimulant drug or glaucoma

• is very anxious, tense or agitated

• has a history of drug abuse

• is taking or has taken within the past 14 days an anti-depression medicine called a monoamine oxidase inhibitor or MAOI
Ask a doctor about Zenzedi

For those who have ADHD, Zenzedi may be able to help. Zenzedi is an immediate-release medicine approved for the treatment of ADHD for pediatric patients ages 3 to 16.

Zenzedi comes in many different doses. This lets the doctor adjust the dose more easily.

Zenzedi may help increase attention and decrease impulsiveness and hyperactivity in people with ADHD. Zenzedi should be used as part of a total treatment program that may include counseling or other therapies.

Indication
Zenzedi® (dextroamphetamine sulfate tablets, USP) is a prescription medicine for the treatment of narcolepsy. Zenzedi is also indicated as a treatment for ADHD in pediatric patients ages 3 to 16 years as an integral part of a total treatment plan for ADHD that may include counseling or other therapies.

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ADHD patients’ needs are different

The FIRST and ONLY 2.5 mg, 7.5 mg, 15 mg, 20 mg, and 30 mg immediate-release dextroamphetamine tablets available.

- A total of 7 different doses can help meet changing needs.
- Zenzedi allows the physician to customize therapy with precise dosing adjustment.
- Zenzedi may help manage symptoms throughout the day with flexible dosing.
- Zenzedi makes it possible to start therapy on the lowest-strength immediate-release amphetamine tablet available.

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Zenzedi offers 7 dosing strengths differentiated by shape and color.
Taking Zenzedi

Zenzedi dosing

Zenzedi is an immediate-release tablet, so your child starts getting ADHD treatment right away.

Zenzedi is typically taken once or twice daily depending how the doctor prescribes it.

Children 3 years of age and older

• Zenzedi is not recommended for children under 3 years of age.

• Take Zenzedi the way the doctor has prescribed.

• The doctor may adjust doses weekly until symptoms improve.

The doctor may regularly check blood, heart, and blood pressure. Children taking Zenzedi should also have their height and weight checked often. Zenzedi treatment may be stopped if a problem is found during these check-ups.

The most common side effects reported with Zenzedi treatment were:

• seizures
• rapid heart beat
• trouble sleeping
• weight loss
• blurred vision
• tremors

• stomach upset
• dizziness
• dry mouth
• decreased appetite
• headache

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.
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- is very anxious, tense or agitated
- has a history of drug abuse
- is taking or has taken within the past 14 days an anti-depression medicine called a monoamine oxidase inhibitor or MAOI
Warnings and Precautions

Serious heart problems can occur when taking stimulant medications, such as Zenzedi, and include:

- sudden death in people who have heart problems or heart defects
- sudden death, stroke and heart attack in adults
- increased blood pressure and heart rate

Tell your doctor if you or your child has any heart problems including heart defects, abnormal heart rhythm, high blood pressure, disease known as cardiomyopathy, coronary heart disease, or a family history of these problems or sudden cardiac death. Call your doctor right away if you or your child has any signs of heart problems such as chest pain, shortness of breath, or fainting while taking Zenzedi.

Mental (psychiatric) problems can occur including:

- new or worsening behavior and thought problems
- new or worsening bipolar illness

New aggressive behavior or psychotic symptoms can occur in children and teenagers such as:

- seeing things or hearing voices
- believing things that are not true
- being suspicious

Tell your doctor about any drug abuse, alcohol abuse, or mental problems that you or your child has had, or about a family history of suicide, bipolar illness, or depression, new or worsening aggressive behavior or hostility. Call your doctor right away if your or your child has any new or worsening mental symptoms or problems while taking Zenzedi.

Circulation problems in fingers and toes

- fingers or toes may feel numb, cool, painful
- fingers or toes may change color from pale, to blue, to red
Tell your doctor if you or your child has any numbness, pain, color change, or sensitivity to temperature in your fingers and toes or a family history of health conditions including circulation problems in fingers and toes. **Call your doctor right away if you or your child has any signs of unexplained wounds appearing on fingers and toes while taking Zenzedi.**

**Zenzedi may cause serious side effects, including:**

- slowing of growth (height and weight) in children. Your child should have his or her height and weight checked often while taking Zenzedi. The doctor may stop treatment if a problem is found during these check-ups.

**The most common side effects reported with Zenzedi treatment were:**

- seizures
- rapid heart beat
- trouble sleeping
- weight loss
- blurred vision
- tremors
- stomach upset
- dizziness
- dry mouth
- decreased appetite
- headache

For additional safety information, consult the Zenzedi full Prescribing Information and Medication Guide in pocket.

**Talk to your doctor to see if Zenzedi is right for you or your child.**

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**Savings Card Terms and Conditions**

**To Patient:** Eligible patients will receive 100% off their first fill of Evekeo, up to 60 tablets, with a maximum benefit of $450 or Zenzedi, up to 30 tablets, with a maximum benefit of $250. For remaining fills up to 11, if your co-pay for Evekeo or Zenzedi exceeds $30 (insured patients) or $55 (cash patients), present this card to the pharmacist along with your prescription for an instant rebate of up to a maximum of $170 for Evekeo and $185 for Zenzedi. If your total out-of-pocket pharmacy bill for Evekeo exceeds $200 ($30 + $170) for insured patients or $225 ($55 + $170) for cash patients and for Zenzedi exceeds $215 ($30 + $185) for insured patients or $240 ($55 + $185) for cash patients, you will be responsible for the additional balance. Limit 1 savings offer per purchase.

**Pharmacist:** Submit transaction to McKesson Corporation using BIN #610524. If primary commercial prescription insurance exists, input card information as secondary coverage and transmit using the COB segment of the NCPDP transaction. Applicable discounts will be displayed in the transaction response. Acceptance of this card and your submission of claims for the EVEKEO® and Zenzedi® Copay Savings program are subject to the LoyaltyScript® program Terms and Conditions posted at www.mckesson.com/mprstnc. For questions regarding setup, claim transmission, patient eligibility or other issues, call the LoyaltyScript® for EVEKEO® and Zenzedi® Copay Savings program at 855-558-1630 (8:00 AM-8:00 PM EST, Monday-Friday).

This card is not valid for prescriptions paid in part or full by any state or federally funded programs, including but not limited to Medicare or Medicaid, Medigap, VA, DOD or TriCare and where prohibited by law. Offer valid only for prescriptions filled in the United States.

Arbor Pharmaceuticals, LLC, reserves the right to rescind, revoke, cancel, or adjust this offer at any time. It is a violation of federal law to buy, sell, or counterfeit this card.
How to save on your prescription

Zenzedi Savings Program

• Present the attached savings card along with the prescription at pharmacy to initiate savings program.

  - 1st fill: Patients will receive up to 30 tablets for $0.
  - Fills 2-11: Commercially insured patients may pay no more than $30.*
    Cash paying patients may pay no more than $55.*
    (See Instant Savings Card Terms & Conditions)

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Pharmacy Locator

Be Patient. Medications like Zenzedi can be hard to find stocked at pharmacies. We want to ensure you are able to fill your Zenzedi prescription as easy as possible.

Our live Pharmacy Locator Specialists can help you locate a nearby pharmacy that stocks Zenzedi, or one that can order it within a few days.

Simply call toll-free

1-800-420-5914

Monday-Friday, 8 am-9 pm, EST

Visit

www.zenzedi.com

today for more information

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